

Self-Assessment (5 minutes)

You can use this handout to reflect on the activity/ies and set goals for yourself.

On a scale of 1-5, how prepared do you feel to go to an interview?

(Circle one: 1 = not confident, 5 = ready for the interview right now)

1

2

3

4

5

What do you feel your interviewing strengths are?

What do you want to work on before you are interviewed?

What do you need more practice with?