

FINDING YOUR PATH

A GUIDE TO LIFE & HAPPINESS AFTER SCHOOL

Your job - once you finish school, is to find your path, but above all, it's to live that path to the fullest.



You've come to the fork in the road that is life after school?

It's a time full of big decisions and change that can definitely feel stressful. With so much choice out there - let's work through the decision making process so you can confidently make your leap.

First up, the most important question. Who are you?

Obviously there isn't one path for everyone - let's work out your uniqueness before we get to the options.

1. What interests you? List the top 5 ways you enjoy spending your time.
2. What are your skills? List 5 things you're good at.
3. How would your friends describe you? List 5 ways they'd explain what you're like.

Now answer these:

4. If there was no chance you'd fail - what would you do? Anything at all!
5. What would you like to achieve within the next 5 years? E.g. Travelled, complete studies

Looking at your answers above - pick from one of the below options...

(If none of your answers give you a clue just pick the first one you like the look of)

Circle your choice below:

EXPLORE THE WORLD

It's the only thing you can buy guaranteed to make you richer.

KEEP LEARNING

No knowledge learned is ever wasted.

START YOUR CAREER

The second best things in life are very expensive.

FIND YOUR OWN WAY

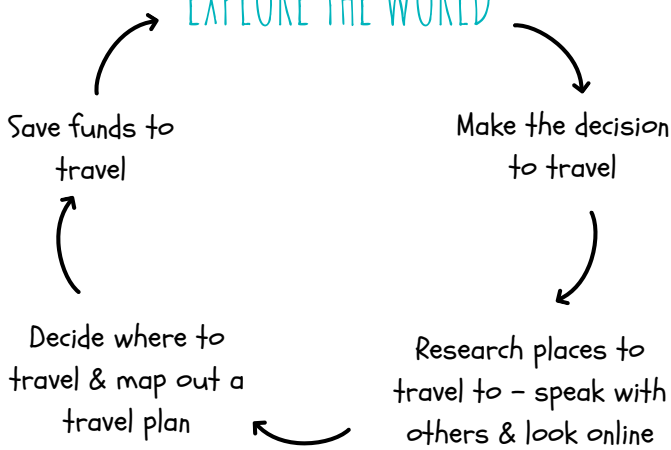
Put down the map and get wonderfully lost.

Now **turn** over the page to tackle your path...

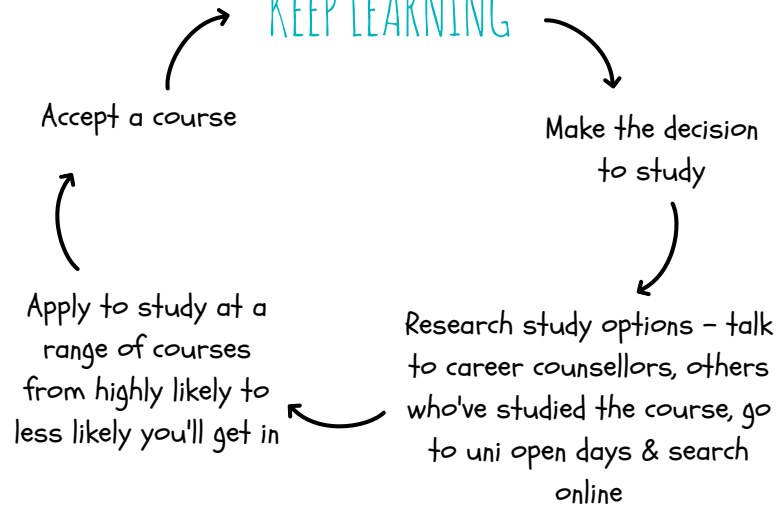
HOW TO TACKLE EACH PATH:

Remember you can do them all - it's just a matter of choosing one first and then tackling that.

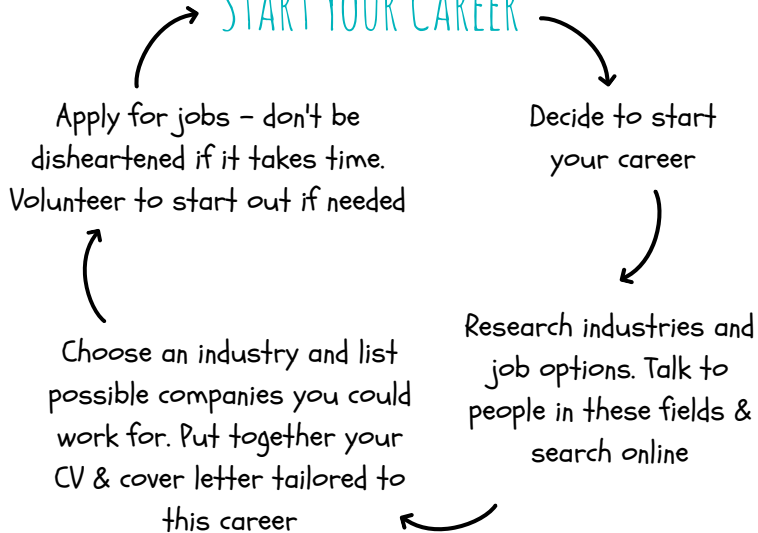
EXPLORE THE WORLD



KEEP LEARNING



START YOUR CAREER



FIND YOUR OWN WAY



- Whatever you decide to do, check the thought of it makes you smile 😊 -

Who's Amba Brown and what does she know about path finding?

Amba, just like you found her path into the world after school. Not knowing what to do, she's learnt as long as we stay mindful and value our interests things will be OK!. Her path so far has taken her on a gap year, studying psychology, living in the U.S. and Asia, working various jobs before becoming a full-time author.

She has now created a book 'Finding Your Path' to provide school leavers with their choices and to support them through this transition.

For more information visit findingyourpathbooks.com.